

BUENOS AIRES

2026 APRIL 24-25

**2ND MEETING OF THE
INTERNATIONAL
ALLIANCE ON
BRAIN
HEALTH**



Swiss Brain
Health Foundation



International Alliance
on Brain Health

INECO
Foundation | 20 years
Institute of Brain Health



Organized in conjunction with *The Lancet*
Commission on Brain Health



Brain Health
THE LANCET COMMISSION



PROGRAM

Day 1

2ND MEETING OF THE
INTERNATIONAL
ALLIANCE ON
**BRAIN
HEALTH**

Cognition, Dementia and Brain Aging

Opening

09:00–09:30

Facundo Manes (10 min)
Devora Kestel (10 min)
Claudio Bassetti (10 min)

Session 1

09:30–10:00

Promoting Brain Health in Ageing Populations: Evidence, Prevention and Public Engagement

Session co-chairs: Christopher Chen, Suvarna Alladi, Joanne Pike

- Jacob Mintzer (P): *Strategies for Preventing Cognitive Decline in Ageing* (10 min)
- Nagaendran Kandiah (P) *Populations-based Strategies for Dementia Prevention* (10 min)

Keynote 1

10:00–10:30

Natalia Rost (V): *Preventing Neurodegeneration Through Vascular Brain Health* (30 min)

10:30–11:00

Coffee Break

Session 2

Special Communication

11:00–12:00

Session co-chairs: Devora Kestel, Steven Lewis Facundo Manes

- Joanna Pike (P): *President & CEO, Alzheimer's Association; Chair, World Dementia Council* (15 min)
 - Victor Valcour (P): *Director, Global Brain Health Institute (GBHI), UCSF* (15 min)
 - Juan Rodriguez (P): *Global Council on Brain Health, AARP* (15 min)
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Session 3

Lessons to Take in Brain Health and Neurodegenerative Diseases: National and International Perspectives

Session co-chairs: Oscar Gershanik, Oscar Franco, Paul Boon

- Roongroj Bhidayasiri (V): *Brain Health and Neurodegeneration in Asia: Lessons from Thailand (10 min)*
- Kailash Bhatia (V): *Key Clinical Lessons from Parkinsonism and Neurodegeneration (10 min)*
- Nilton Custodio (P): *Dementia and Brain Health Across Latin America: Regional Lessons (10 min)*

12:00–13:00

13:00–14:00

Lunch

Keynote 2

Suvarna Alladi (P): *Neurodegeneration Without Borders: What Local Populations Teach the World (30 min)*

14:00–15:00

Keynote 3

Christopher Chen (P): *The Future of Alzheimer's Disease: Science, Systems Readiness and Social Impact (30 min)*

15:00–15:30

Coffee Break

Session 4

Biological and Psychosocial Factors Shaping Brain Health Across the Lifespan

Session co-chairs: Andrea Slachevsky, Alfred Njamnshi, Mara Dierssen

- Hernando Santamaría-García (P): *Social Determinants of Health and Brain Ageing in Latin American Contexts: Implications for Public Policy (10 min)*
- Soraya Seedat (V): *Stress, Inequality and the Brain: Cumulative Risk Across the Lifespan (10 min)*
- Claudia Braga (P): *The role of Deinstitutionalized Strategies: Lessons from South America (10 min)*
- Kristina Adorjan (P): *Environmental and Genetic Factors: Lessons from Africa (10 min)*

15:30–16:30

16:30–17:00

Coffee Break

Session 5

(Parallel Sessions)

A) Neurorehabilitation and Brain Health: Global Perspectives

Session co-chairs: Marcelo Cetkovich, Facundo Manes, Oscar Gershanik

- Daniel Zutter (P): *Brain Health and Neurorehabilitation in Switzerland (10 min)*
- Konrad Rejdak (P): *Brain Health and Neurorehabilitation in Poland (10 min)*
- Rajinder K Dhamija (V): *Neurodegenerative Diseases in Low- and Middle-Income Settings: Lessons from India (10 min)*

17:00–18:00

B) Sleep, Circadian Rhythms and Brain Health

Session co-chairs: Claudio Bassetti, Paul Boon, Kristina Adorjan

- Alexandre Datta (P): *Sleep in the First Years of Life and Brain Health (10 min)*
- Caroline Lustenberger (P): *How to Assess Sleep Health (10 min)*
- Diego Golombek (P): *Circadian Health and Brain Health (10 min)*

Day 2

Brain and Mental Health

Session 1 | Part A

One Brain, One Health: Integration of Neurological and Psychiatric Approaches in Global and Regional Plans

09:00–10:00

Session co-chairs: Devora Kestel, Steven Lewis, Claudio Bassetti

- Claudio Bassetti (P): *The Lancet Commission on Brain Health (10 min)*
- Andrea Fiorillo (V): *Mental Health Systems within One Brain, One Health, European Psychiatric Association (EPA) (10 min)*
- Paul Boon (P): *European Neurology and Integrated Brain Health Policy, European Academy of Neurology (EAN) (10 min)*
- Andrea Winkler (V): *The Lancet One Health Commission: harnessing our interconnectedness for equitable, sustainable, and healthy socioecological systems (10 min)*

Keynote 4

10:00–11:00

- Steven Lewis (P): *Overcoming Fragmentation: National and Regional Lessons (30 min)*

Keynote 5

- Danuta Wasserman (V): *Psychiatry's Role in Integrated Brain Health Strategies (30 min)*

11:00–11:30

Coffee Break

Session 1 | Part B

Session co-chairs: Andrea Slachevsky, Christopher Chen, Oscar Franco

11:30–12:30

- **Diego Aguilar (P):** *From Global Strategy to Regional Implementation, Regional Director for the Americas of Alzheimer's Disease International (ADI) (10 min)*
- **Mitchell Elkind (P):** *The Role of Cardiovascular Leadership in Global Brain Health: The American Heart Association (AHA) (10 min)*
- **Stephanie Debette (V):** *Vascular Brain Health and Integrated Brain Health Approaches: A European Scientific Perspective (10 min)*
- **Nagaendran Kandiah (P):** *Populations-based Strategies for Dementia Prevention (10 min)*

Keynote 6

12:30–13:00

- **Devora Kestel (P):** *Mental Health as a Cornerstone of Brain Health: From Global Policy to Population Impact (30 min)*

Lunch

13:00–14:00

Keynote 7

14:00–14:30

- **Marcelo Cetkovich (P):** *Mental Health Stigma in the Burnout Society (15 min)*

Keynote 8

- **Oscar Gershanik (P):** *Parkinson's Disease a Growing Burden on Public Health: Diagnostic and Therapeutic Challenges (15 min)*

Session 2

14:30–15:30

One Brain, One Health in Practice: Implementation, Impact and Regional Experiences

Session co-chairs: Alfred Njamnshi, Suvarna Alladi, Indrit Bègue

- Oscar Franco (P): *Population Brain Health and Neurodegeneration: Lessons from Colombia and the Netherlands (10 min)*
- Alfred Njamnshi (P): *Implementing Integrated Brain and Mental Health Care in African Health Systems (10 min)*
- Pratima Murthy (V): *Integrating Mental Health into Brain Health Programs: Lessons from India (10 min)*
- Mara Dierssen (P): *Translating Brain Science into Integrated Brain Health Action (10 min)*

15:30–16:30

Special Communication Session 3

Session co-chairs: Steven Lewis, Devora Kestel, Paul Boon

- Indrit Bègue (P): *Insights from Switzerland on burden and cost of brain disorders: opportunities for action (15 min)*
- Augustin Ibáñez (V): *One Brain, One Health: Integrating Neurology, Psychiatry and Social Contexts (15 min)*
- Andrea Slachevsky (P): *Translating Brain Health Research into Policy and Care (15 min)*

16:30–17:00

Coffee Break

17:00–18:00

Session 3

Final Roundtable – Strategic Priorities

International Alliance on Brain Health: Next Steps and Strategic Priorities

- Facundo Manes
- Claudio Bassetti

Roundtable with:

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| • Kristina Adorjan (P) | • Christopher Chen (P) |
| • Suvarna Alladi (P) | • Mara Dierssen (P) |
| • Claudio Bassetti (P) | • Mitchell Elkid (P) |
| • Indrit Bègue (P) | • Devora Kestel (P) |
| • Paul Boon (P) | • Steven Lewis (P) |
| • Marcelo Cetkovich (P) | • Facundo Manes (P) |
| | • Alfred Njamnshi (P) |

Speakers

1. Kristina Adorjan - Director and Full Professor, Department of Psychiatry and Psychotherapy (UPD), University of Bern
2. Diego Aguilar - Regional Director for the Americas of Alzheimer's Disease International (ADI)
3. Suvarna Alladi - Professor of Neurology, National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore
4. Claudio Bassetti - Lancet Commission on Brain Health, Swiss Brain Health Foundation
5. Indrit Bègue - Assistant Professor in the Department of Psychiatry, University of Geneva
6. Kailash Bhatia - President-Elect European Academy of Neurology (EAN)
7. Roongroj Bhidayasiri - Director of the Chulalongkorn Centre of Excellence for Parkinson's Disease & Related Disorders, Bangkok
8. Paul Boon - European Academy of Neurology (EAN); Senior Full Prof. of Neurology and Director of Neuroscience at Ghent University
9. Claudia Braga - President (2025–2027) of the WHO Strategic and Technical Advisory Group on Mental Health, Substance Use, and Brain Health. Board member of the World Association of Psychosocial Rehabilitation
10. Marcelo Cetkovich - Vice president of the Argentine Association of Psychiatrists (AAP), Medical Director and Head of INECO's Psychiatry Department
11. Christopher Chen - President of the Asian Society Against Dementia
12. Nilton Custodio - Director of the Peruvian Institute of Neurosciences
13. Alexandre Datta - Chief and Head of Department of Pediatric Neurology, Developmental Medicine and Neurorehabilitation of Northwestern Switzerland
14. Stephanie Debette - Head of the Neurocampus Clinical Epidemiology Team, University of Bordeaux and Director of Research, Inserm Unit 1219 – Bordeaux Population Health Research Center
15. Mara Dierssen - President, Spanish Brain Council; President, Spanish Association for the Advancement of Science
16. Rajinder K. Dhamija - Prof. of Neurology and Director of Institute of Human Behaviour and Allied Sciences (IHBAS)
17. Mitchell Elkind - Chief Science Officer, Brain Health and Stroke, American Heart Association
18. Andrea Fiorillo - President, European Psychiatric Association
19. Oscar Franco - Director Department of Global Public Health & Bioethics at University Medical Center Utrecht
20. Oscar Gershanik - Scientific Director & Head, Movement Disorder Unit, Institute of Neuroscience, Fundación Favaloro; Director, Laboratory of Experimental Parkinsonism, Institute of Pharmacological Research (CONICET & University of Buenos Aires)
21. Diego Golombek - Researcher at CONICET; Professor at the University of San Andrés; Director, Interdisciplinary Laboratory of Time (LITERA)
22. Augustin Ibáñez - Director, Latin American Brain Health Institute (BrainLat), Universidad Adolfo Ibáñez

Speakers

23. Nagaendran Kandiah - Director, Dementia Research Centre (Singapore) and Associate Professor at Lee Kong Chian School of Medicine
24. Devora Kestel - Director, Mental Health and Substance Use, World Health Organization (WHO)
25. Steven Lewis - President, World Federation of Neurology (WFN)
26. Caroline Lustenberger - Head of Sleep Lab, ETH Zurich, Department of Health Sciences and Technology (D-HEST)
27. Facundo Manes - Brain Health Institute, INECO Foundation. Institute of Neurosciences, Favaloro University, Buenos Aires, Argentina
28. Jacob Mintzer - Department of Psychiatry and Behavioral Sciences, Medical University of South Carolina (MUSC)
29. Pratima Murthy - Director and Senior Professor of Psychiatry, National Institute of Mental Health and Neuro Sciences, Bangalore, India
30. Alfred Njamnshi - Chair, African Academy of Neurology. Founder & Executive Director, Brain Research Africa Initiative (BRAIN); Chief of Neurology, Yaoundé Central Hospital
31. Joanne Pike - President & CEO, Alzheimer's Association; Chair, World Dementia Council
32. Konrad Rejdak - President Polish Neurological Society. Head of the Department and Clinic of Neurology, Medical University of Lublin
33. Juan Rodriguez - Global Council on Brain Health, AARP
34. Natalia Rost - President, American Academy of Neurology
35. Hernando Santamaría García - Global Brain Health Institute (GBHI)
36. Soraya Seedat - Prof. of Psychiatry and Executive Head of the Department of Psychiatry at Stellenbosch University
37. Andrea Slachevsky - Center for Memory and Neuropsychiatry (CMYN), Faculty of Medicine, University of Chile; Geroscience Center for Brain Health and Metabolism (GERO)
38. Victor Valcour - Director, Global Brain Health Institute (GBHI), UCSF
39. Danuta Wasserman - President, World Psychiatric Association (WPA)
40. Andrea Winkler - Co-Director of the Center for Global Health (CGH) at the Technical University of Munich
41. Daniel Zutter - Chief Physician & Medical Director at Rehaklinik Zihlschlacht, and Chief Medical Officer at VITREA Switzerland

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COLLABORATING PARTNERS



American
Heart
Association®



World Federation of Neurology
Fostering quality neurology and brain health worldwide



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EFNR The European Federation
of NeuroRehabilitation Societies